



# END-OF-YEAR NEWSLETTER 2023

DECEMBER 2023

Dear Beloved Parents, Seasons Greetings!

As we reflect on the growth and beautiful milestones of our lovely children at Patrick Speech and Languages Centre throughout the term and the year at large, I am filled with immense gratitude for the unwavering support and dedication from each member of our school community.

From our parents who work tirelessly behind the scenes to enrich our children's education and independence to our wonderful teachers/therapists who give their all to bring about a desired difference in our children. Your commitment to the well-being and development of our beautiful children has made this term and the year in entirety truly remarkable. Thank you for your labor of love over our children and being an integral part of the Patricks family.

Our ultimate thanks goes to God Almighty who has not only preserved our lives despite the rigors of the year but has prospered our finances and efforts to keep up with and overcome whatever challenges the year brought along. All glory belongs to him only.

Once again, we are delighted to share stories of memorable events, and activities we had at the centre in this just concluded term. Take a chill and follow up the stories...

## HIGHLIGHTS OF THE TERM:

### 1. Parent Induction Training

Our Parent Induction Training, held on October 13, was an insightful session specially organized for our new parents to familiarize themselves with the school processes and activities, as well as help them understand the importance of their involvement, interaction, responsiveness, and sensitivity to their children's social, emotional, and intellectual developmental needs, and to also help them understand how the therapist works with them

A training on sensory diet was facilitated by Mr. Gabriel Ojo, one of our training facilitators, the session delved into the concept of "Sensory Diet," offering valuable insights into activities that cater to the unique sensory needs of our children, From tactile experiences like playdough to auditory activities like listening to music. The interactive Q&A session further strengthened the bond between parents and educators. The aim of the entire training was to empower parents in understanding and contributing to their child's developmental journey.

## 2. Children's Day Out at Funtasticaland:



The much-anticipated Children's Day Out to Funtasticaland, Ilupeju, was a delightful experience for both students and staff. From thrilling train rides, to bouncing castles to kiddies ride, merry-go-round and fun-zone kids' corner which are all helpful techniques for developing their gross motor skills. That's not all, the children had a wonderful cinema time seeing the animated musical movie "ENCANTO" and thereafter had lunch of whole foods and zero sugar popcorn and ended the beautiful day with group photographs with staff members.

The essence of the children's day out is to foster social interactions with the outside world as part of social skills building.

## 3. Cultural Day Celebration (September 29, 2023):



On September 29, 2023, we celebrated Cultural Day with a vibrant display of traditional attires, dances, and performances representing the rich diversity within our school community. Beyond the festivities, the event served as a reminder of our unity as one Nigeria, fostering a sense of peace and togetherness.

## 4. Lekki Centre:

Our Lekki Office resumed clinical operations in August at 19 Kingsley Emu Street. We currently have two students attending our clinical program in the afternoon. We are actively creating awareness in the Lekki area, and inquiries

for our services are ongoing. Starting in January, we will be offering a full therapy program and are fully equipped for a full school next term.

#### **5. School Fees Increment Announcement:**

In our commitment to continually giving our best of service, we want to once again remind you about a moderate increase in service fees starting with the next term in January 2024. This decision, driven by factors such as increased operational costs and the desire to maintain our reputable standard, will see a modest adjustment from N650,000 to **N850,000**.

We've strived to keep the increase minimal, prioritizing the accessibility of our services while maintaining the high quality in care and education you've come to expect. We value your trust and understanding during this transition.

## **IMPORTANT REMINDERS**

### **A. Punctuality and Timings:**

As a reminder, therapy sessions begin promptly at 9:00 am, and the center closes at 2:00 pm daily. Our children are expected to be at the centre before 9:00am.

Perpetual latecomers shall be disallowed from entry, while our fee of ₦5000 for late pick-ups still holds. These measures are put in place to ensure the efficiency of our operations.

Your cooperation is greatly appreciated.

### **B. Hygiene & Nutrition**

As much as the bulk of our efforts are geared towards cognitive development of our children, we should also remember that proper hygiene also plays a huge role; hence we should remember to take appropriate measures to ensure that their hygiene is adequately taken good care of.

Also a reminder that nutrition is just as critical towards the desired development of our children, let's try to monitor what they are eating, sugary processed food made with flour should be avoided as these trigger negative behavior.

## FESTIVE HOLIDAY TIPS FOR PARENTS

- Use holiday gatherings as an opportunity to practice social skills in a safe and supportive setting. Encourage your child to interact with others and provide positive reinforcement for their efforts.
- Designate a quiet, comfortable space for your child to retreat to if the holiday excitement becomes overwhelming.
- Schedule breaks and downtime throughout the holiday festivities.
- Finally the holiday season can be demanding and tending to special needs children can put an extra degree of strain to it, so remember to prioritize self-care as a parent. Take breaks when needed, seek support from friends and family, and celebrate every progress and milestones, no matter how little.

## CLOSING REMARKS

We extend our sincere gratitude for your trust, partnership, and unwavering support. May the holiday season bring you and your loved ones immense joy,

The resumption date for the next term is January 8 2024; we look forward to another year of growth and success together.

**Merry Christmas & a Prosperous New Year from all of us at Patrick Speech & Languages Centre!**